



# UMANA FOUNDATION

ФУНДАЦІЯ УКРАЇНСЬКОГО ЛІКАРСЬКОГО ТОВАРИСТВА ПІВНІЧНОЇ АМЕРИКИ  
FOUNDATION OF THE UKRAINIAN MEDICAL ASSOCIATION OF NORTH AMERICA

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## UMANA Foundation Provides Free CPR and First Aid Training for Camp Counselors in New Jersey and Illinois

April 25<sup>th</sup>, 2009 the Foundation of the Ukrainian Medical Association of North America (UMANA Foundation) inaugurated a CPR and First Aid teaching project for Ukrainian American camp counselors in Chicago, Illinois and Whippany, New Jersey. UMANA Foundation underwrote the cost of professional instructors, supplying 4 1/2 hours of instruction to over 70 trainees in both cities, helping these young counselors become confident and proficient in basic first aid and life saving skills.

As a pilot project, the UMANA Foundation invited counselors from PLAST, CYM, and ODUM as well as ISKRA and SITCH to send representatives to the course. The response from the youth groups was resounding, with 41 participating in Chicago and 30 participating in Whippany.



The youth counselors energetically absorbed the intense lessons, and upon course completion received a two year certificate of competency in basic CPR. Despite the length of the program, the registrants studiously participated in all the activities. The Foundation supplied each participant with a personal first aid kit for use in any eventuality.



Course participants at the Ukrainian National Museum Chicago, Illinois and the Ukrainian American Cultural Center Whippany, New Jersey

**THE UKRANIAN COMMUNITY PROVIDES SPACE FOR UMANA FOUNDATION'S CPR AND FIRST AID CLASSES FOR CAMP COUNSELORS**

The Ukrainian community in Chicago and New Jersey generously supplied free teaching space. The Ukrainian National Museum in Chicago and the Arts, Cultural and Education Committee (ACE) of the Ukrainian American Cultural Center of New Jersey, kindly allowed their halls to be used for over four hours for this dedicated purpose. Dr Marta Lopatynsky, chairperson of ACE Committee and Dr. Ariadna Holynskij, UMANA President, helped organize the New Jersey courses. Proceeds from the annual UMANA Illinois Chapter Debutante Ball benefited the UMANA Foundation. The individual debutantes also raised funds for the First Aid/CPR project. Katya Iwanik and Diana Kuritza, 2009 debutantes, volunteered with registration and refreshments. The Selfreliance Foundation, headquartered in Chicago with a branch in Whippany, donated \$500 to support these courses.

Chicago Виховники from PLAST, CYM and ODUM



Plast members Dennis Torielli, Maya Stawnycha, and Evan McIntyre, enjoying their first aid class in New Jersey



Chicago 2009 Debutantes ( from L) Diana Kuritza and Katya Iwanik with UMANA Foundation President Dr. Maria Hrycelak. (standing)



Tanya Chyterbok and Elyssa Kulas from CYM "resuscitate" their mannequins



Adam Belkarious ( PLAST ) practicing splinting