



# СПІЛКА УКРАЇНСЬКОЇ МОЛОДІ у Великій Британії

UKRAINIAN YOUTH ASSOCIATION IN GREAT BRITAIN

КРАЙОВА УПРАВА - NATIONAL COMMITTEE

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## ANTI-BULLYING POLICY

### Statement of Intent

The Ukrainian Youth Association is committed to providing a caring, friendly and safe environment for all our yunatstvo. Bullying of any kind is unacceptable. If bullying does occur, all yunatstvo should feel and be able to tell and know that incidents will be dealt with promptly and effectively. *Anyone* who knows that bullying is happening is expected to tell komandant or bunchuzhniy if at tabir, and, the holova/uprava member if in the oseredok.

### What Is Bullying?

Bullying is the use of aggression with the intention of hurting another person. Bullying results in pain and distress to the victim.

Bullying can be:

- Emotional being unfriendly, excluding, tormenting (e.g. hiding personal possessions, threatening gestures)
- Physical pushing, kicking, hitting, punching or any use of violence
- Racist racial taunts, graffiti, gestures
- Sexual unwanted physical contact or sexually abusive comments
- Homophobic because of, or focussing on the issue of sexuality
- Verbal name-calling, sarcasm, spreading rumours, teasing
- Cyber All areas of internet ,such as email & internet chat room misuse  
Mobile threats by text messaging & calls  
Misuse of associated technology , i.e. camera & video facilities

## **Why is it Important to Respond to Bullying?**

Bullying hurts. No one deserves to be a victim of bullying. Everybody has the right to be treated with respect. Yunatstvo who are bullying need to learn different ways of behaving.

The Association has a responsibility to respond promptly and effectively to issues of bullying.

## **Objectives of this Policy**

- All komanda, royovi, vyhovnyky, holovy and uprava members in the oseredky and other adults should have an understanding of what bullying is.
- All in tabir and the oseredky should know what the policy is on bullying, and follow it when bullying is reported.
- All yunatstvo and parents should know what the policy is on bullying, and what they should do if bullying arises.
- As an organisation we take bullying seriously. Yunatstvo and parents should be assured that they will be supported when bullying is reported.
- Bullying will not be tolerated.

## **Signs and Symptoms**

A child may indicate by signs or behaviour that he or she is being bullied. Adults and royovi should be aware of these possible signs and that they should raise their concerns if a child:

- becomes withdrawn anxious, or lacking in confidence
- starts stammering
- attempts or threatens suicide or runs away
- cries themselves to sleep at night or has nightmares
- presents with clothes torn or possessions damaged
- has possessions which are damaged or " go missing"
- asks for money or starts stealing money (to pay bully)
- has unexplained cuts or bruises
- becomes aggressive, disruptive or unreasonable
- is bullying other children
- stops eating
- is frightened to say what's wrong
- gives improbable excuses for any of the above
- is nervous & jumpy when a cyber message is received

These signs and behaviours could indicate other problems, but bullying should be considered a possibility and should be investigated in a sensitive and caring manner.

## **Procedures**

1. Report bullying incidents to komandant or bunchuzhnyi whilst at tabir and to the holova if in the oseredky.

2. In cases of serious bullying at tabir, the incidents will be recorded. In serious cases parents should be informed as recommended in the Guidance on dealing with unacceptable behaviour (Taborova Komisia 2010).
3. The bullying behaviour or threats of bullying must be investigated and the bullying stopped quickly
4. An attempt will be made to help the bully (bullies) change their behaviour

## **Outcomes**

- 1) The bully (bullies) may be asked to genuinely apologise. Other consequences may take place.
- 2) In serious cases, they will be asked to leave tabir.
- 3) If possible, yunatstvo will be reconciled
- 4) After the incident / incidents have been investigated and dealt with, each case will be monitored to ensure repeated bullying does not take place.

## **Prevention**

We will use appropriate methods for helping children to prevent bullying. As and when appropriate, these may include:

- Having discussions about bullying and why it matters.
- By always promoting respect for one another.

Taborova Komisia 2010