

## WHAT TO BRING

### General equipment

What to Bring		
Quantity	Item	Tick
1	Sleeping bag	
1	Sleeping Mat	
1	Ball of twine (thin rope)	
1	torch (including spare batteries and bulb)	
1	Hiking pack / Back Pack	
2	Water Bottles (more if you can carry with you)	
1	Writing pad	
2	Pens / pencils	
1	Whistle	
2	Garbage Bags (for waterproofing)	
1	Tarp (to be shared between two people) 2m x 1m	

### Clothing

Quantity	Item	Tick
1 pair	long Pants (Dark, camouflage if possible)	
2	T-Shirts (Dark, camouflage if possible)	
1	Long sleeve shirt / jumper	
1	Beanie	
1	Hat	
1 pair	Warm Gloves	
1	Water proof "outer shell" i.e rain jacket	
2 pairs	Shorts	
3 pairs	Socks (should be thick socks)	
1	small towel	
3 pairs	Undergarments / underwear	
1 pair	Swimmers	
1 pair	Boots suitable for hiking	
1 pair	Shoes /sandals which can get wet	

### Cooking Needs

Quantity	Item	Tick
1 set	Eating utensils (knife, fork, spoon etc.)	
1	Tea towel	
1	Billy	
1	Bowl, Plate, etc	

### Toiletries and Misc.

Quantity	Item	Tick
1	Tooth brush and tooth paste	
1	Sun Cream	
1	Insect Repellent (Roll on ONLY)	
1	Simple first aid kit ie Band aids, "stingoes", bandages etc.	

### **Important**

This list is **ONLY for the Survivor2 expedition**, you will need extra clothing for tabir in Sydney. Another list may be issued by the Krajova Uprava or your Oseredok for this.